

# OPEN GYM SCHEDULE

Schedule is subject to change. Please call ahead for the most current schedule.

Members are welcome to use the gym if it is empty during non-listed hours.  
If weather forces programs indoors, programs will have priority.

## Monday

5:30-7:15 AM – Open  
11:30 AM-3:45 PM – Open  
8-9:30 PM – Open

## Tuesday

5:30-7:15 AM – Open  
12:45-3:45 PM – Open  
7:00-9:30 PM – Open

## Wednesday

5:30-7:15 AM – Open  
11:30 AM-3:45 PM – Open  
6:00-9:30 PM – Open

## Thursday

5:30-7:15 AM – Open  
1:00-3:45 PM – Open  
6:45-9:30 PM – Open

## Friday

**6-7:30 AM-Closed Full Ct Adult BBall**  
2:00-3:30 PM - Open  
5:30-6:30 PM - Open

## Saturday

8:00-9:00 AM - Open  
12:15-5:00 PM - Open  
**May 20-Closed 2:30-4 PM**  
**May 13 & 27-Closed 10:30-11:30 AM**

## Sunday

8:00-10:00 AM – Adult Gym  
10 AM-2 PM – ½ Adult/Family Gym  
2-7 PM– Open Gym  
**May 7-Closed 12:30-2 PM**

17.5 laps in Gym = 1 Mile

Effective until 6/1/17