

Weekly Summer Sports Camps

Registrations opens **April 3** for members and **April 5** for non-members

Camp is a great way to meet new friends, stay active, learn and improve sports skills, while having fun! Our camps focus on being a good sport, giving your best effort and highlighting personal achievements. During the week campers will participate in activities to create awareness of the six pillars of character (trustworthiness, respect, responsibility, fairness, caring, and citizenship).



Unless otherwise noted, sports camps listed on this page are taught by **Holly Metzger-Brown, M.Ed. JCC Youth Fitness Director.** Questions? email holly at: hmetzger@yorkjcc.org

Youth Fitness programming is sponsored by the Viking Athletic Association.

**Sports Camps
Early Bird Special
\$10 OFF**

Sign-up on or before May 15

Offer applies only to camps listed on page 10.
Limit 1 discount per participant.
Excluded Sam Sutton's Basketball and Mark Ludwig Soccer.

Sam Sutton's Coed Basketball Skills and Drills Camp

- **Age 4-5** M \$100 • NM \$130
June 11-15 (Mon-Fri) **9:15-10:15 AM**
- **Age 5-8** M \$150 • NM \$195
June 11-15 (Mon-Fri) **10:30 AM-12 PM**
- **Grades 4-9** M \$175 • NM \$200
June 18-22 (Mon-Thur.) **9 AM-3 PM**
Friday **9 AM-12 PM**

Camp will teach each player the fundamental skills and drills of the game while providing a memorable experience that will help them succeed, both on and off the court. Camp is taught by a Former York High standout, basketball coach and professional trainer. Please pack your lunch, no peanut products.

Mark Ludwig's Coed Soccer Academy Camp

- **Age 3-5** M \$80 • NM \$104
July 17-20 (Tues-Fri) **4:00-5:00 PM**
- **Age 5-8** M \$120 • NM \$156
July 17-20 (Tues-Fri) **5:15-6:30 PM**

Improve your game and learn new skills! A focus will be placed on developing the player's technical ability as well as tactical awareness. Camp is being taught by top quality coaches who have a vested interest in York County soccer. Camp will emphasize fundamentals, decision making and skill development in an enjoyable environment. Each camper will receive a free T-shirt.

PJ Mask Adventure Camp

- **Age 3-6** M \$60 • NM \$80
June 4-7 (Mon-Thur) **9:15-10:15AM**

Experience this one of a kind camp where participants can wear their pajamas. Campers will use the power of their imagination to explore a variety of adventures, solve mysteries, and learn life-long lessons. On Thursday, June 7 at 10 AM there will be a closing ceremony where each camper will be recognized for their achievements.

Paw Patrol Rescue Camp

- **Age 3-6** M \$76 • NM \$114
June 25-28 (Mon-Thur) **9:15-11:00 AM**

Each day campers will learn the importance of helping others through creative Paw Patrol adventures. Lessons focus on the importance of wellness and displaying great character in a fun, action-packed environment. Each day will include light snack and free play.

Sports Academy

- **Age 3-5** M \$60 • NM \$80
July 30-Aug. 3 (Mon-Fri) **9:15-10:15 AM**
- **Age 5-9** M \$95 • NM \$123
Aug. 6-10 (Mon-Fri) **9:15-11:00 AM**

Campers enjoy learning the fundamentals of basketball, tennis, t-ball, track, and soccer. Additional parachute play, fun games, and social interaction will enhance their learning and coordination. On the last day campers will show off their skills in each sport and participate in a closing ceremony.

Star Wars Academy

- **Age 4-8** M \$95 • NM \$123
July 9-13 (Mon-Fri) **9:15-11:00 AM**

Campers will train like a Jedi Knight and use the force to strengthen their mind and body as they explore various courses. Lessons empower participants to work together to make a positive impact within their class and community. Jedi Knight certificates will be awarded the last day at a ceremony. Each day will include a light snack and free play.

Ninja Warrior Training

- **Age 4-8** M \$95 • NM \$123
July 23-27 (Mon-Fri) **9:15-11:00 AM**

Campers will participate in warm up and training exercises, followed by a ninja warrior course to prepare themselves for their ninja mission. Certificates will be awarded last day of camp at the ceremony. Each day will include a light snack and free play.

Wonder Woman Adventure

- **Age 3-6** M \$76 • NM \$114
July 16-19 (Mon-Thur) **9:15-11:00 AM**

This is a fun, action-packed camp that focuses on developing strength, courage and kindness. Each day is designed to explore the participant's imagination and creativity, while learning and improving physical literacy through mysteries, stories, and activities. Each day will include a light snack and free play.

Dance Camp

- **Age 4-7** M \$60 • NM \$84
July 9-13 (Mon-Fri) **4:00-5:00 PM**

Dancers will enjoy learning the fundamentals and art of dance while developing good posture, body movement, rhythm and proper technique through stories of their favorite princesses. Dancers will learn ballet, tap, and jazz during the week of camp. Camp is taught by dance instructor Cheryl Smith.

Character Ballet Camp

- **Age 3-6** M \$60 • NM \$84
Aug. 6-10 (Mon-Fri) **4:00-5:00 PM**

Participants can expand their imaginations and live out their fairy tale dreams of dress up, dancing and stories! The camp will also teach a "character trait" (love, joy, respect, kindness, patience and self-control). On Friday there will be a "Ball" where parents can see what the girls have learned and receive a certificate. Light refreshments will be served at the ball. Camp is taught by dance instructor Cheryl Smith.

Missed Classes During Camp

Please choose activities with care, as all registrations are considered final. We cannot offer make-ups for missed classes due to the short time frame of summer camps.

Cancellation

The JCC reserves the right to cancel a camp day or week in case of emergency or low enrollment. Every attempt will be made to contact camp registrants to inform them.