York JCC

THE TUESDAY CONNECTION

Where Everyone Fits In

Winter 2027 Schedule

January 12 - February 23, 2027

For Ages 55+ • Every Other Tuesday • 10:30 AM - 12 PM
Social Hour and Lunch 12 - 1 PM

WHAT IS THE TUESDAY CONNECTION?

The Tuesday Connection offers engaging educational and social experiences for adults ages 55 and up. Each program features speakers and group discussions on topics including history, culture, the arts, wellness, and the outdoors. Participants also enjoy occasional off-site outings that foster connection and lifelong learning. Everyone is welcome, and we always enjoy meeting new faces!

Program Pricing

- **JCC Member: $7 per session**
- **JCC Basic Insurance Member: $8 per session**
- **Non-Member: $10 per session**
- **Drop-In: $12 per session**

Program pricing is valid through the Friday before each program. If you register after that Friday, including on the day of the program, the $12 drop-in fee applies. Please register in advance whenever possible. Some programs require advance registration and cannot accommodate drop-in participants due to space, materials, or planning requirements. Please refer to individual program descriptions for any registration requirements.

Tuesday, January 12, 2027 - Learn, Lift & Laugh: A Fitness Center Tutorial Guided by the York JCC Fitness Team

Lunch: *Quinoa Salad*

This program begins with an educational session focused on healthy aging, including topics such as balance, strength, flexibility, and overall wellness. Participants will then be guided through the fitness center where staff will demonstrate how to safely and effectively use gym equipment—no prior experience needed. We will conclude with a healthy lunch, offering a chance to connect, reflect, and start the new year with intention and renewed focus on well-being.

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Tuesday, January 26, 2027 - Baby, It's Cold Outside! with Kathy Gingerich of the York Audubon Society

Lunch: *Winter Soup Potluck* *- Bring your favorite meatless soup to share, and don't forget to bring the recipe!*

Join us for this captivating presentation detailing how local birds survive freezing winter weather. It covers natural adaptations like fluffing feathers for insulation, huddling, torpor, and using fat reserves. You'll leave with a new appreciation for our feathered friends and the incredible ways they beat the winter chill!

Tuesday, February 9, 2027 - The Questions We Don't Usually Ask: A Black History Month Community Conversation with Dr. Dorothy King and Jamiel Alexander

Lunch: *Beef Stew, Rolls, and Salad*

Join us for an engaging and respectful Black History Month panel discussion where Black community members share their personal experiences, perspectives, and insights. This guided Q&A offers a welcoming space to ask thoughtful questions, explore different lived experiences, and foster greater understanding, empathy, and inclusion through open dialogue. All questions are encouraged when asked with curiosity and respect.

COUNTRY MEADOWS
RETIREMENT COMMUNITIES

Lunch on February 9 will be presented by Country Meadows Leader Heights.

Tuesday, February 23, 2027 - Thrill Ride: The Transformation of Hersheypark with John Haddad, Local Author

Lunch: *Hot Dogs & Chips*

Today Hersheypark is famous for super coasters and candy-themed fun. It wasn't always this way. John Haddad will speak on the history of Hersheypark, from 1906 to the present day. He will focus on Hersheypark's place in Milton Hershey's larger vision of paternalistic capitalism, its role in bonding the community to the chocolate company, and its total transformation in the 1970s. It was in that decade that the old-fashioned amusement park was converted into a modern theme park in the model of Disneyland. What was the park like in the good old days? Why did the park reinvent itself? How did the park discover its magic formula of thrill rides and chocolate theming? The answers are sure to surprise you, so come to the presentation to find out!

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THE PIECES OF TUESDAY CONNECTION



Music = Entertainment
Coffee Cup = Socializing
Book = Lifelong Learning
Heart = Community & Care

Questions about Tuesday Connection or a specific program? Contact Whitney Poole, Director of Adult and Family Services, at wpoole@yorkjcc.org.

MISSED CLASS POLICY

Please choose activities with care, as all registrations are considered final. If you experience extenuating circumstances and wish to request a refund, you must submit a completed credit request form at the front desk for review by the program's director prior to the first day of the program.

WEATHER/EMERGENCY POLICY

In the case of inclement weather, the Director of Adult & Family Services will use their discretion when cancelling the program. Please check your email, texts, and the JCC website/social media for updates. Every effort will be made to let you know the evening before, but definitely by 9 AM the day of the program.

THANK YOU

This program is sponsored by the Jewish Community Foundation of Central Pa (JCF).