

OPEN GYM SCHEDULE

Schedule is subject to change. Please call ahead for the most current schedule.

Members are welcome to use the gym if it is empty during non-listed hours.

If weather forces programs indoors, programs will have priority.

Birthday parties may be scheduled on Saturdays between 10 AM-12 PM.

Monday

5:30-7:15 AM - Open

2:00-3:45 PM - Open

8:00-9:30 PM - Open

Tuesday

5:30-7:15 AM - Open

2:00-3:45 PM - Open

8:00-9:30 PM - Open

Wednesday

5:30-7:15 AM - Open

2:00-3:45 PM - Open

6:00-9:30 PM - Open

Thursday

5:30-7:15 AM - Open

2:00-3:45 PM - Open

6:00-9:30 PM - Open

Friday

6-7:30 AM - Adult Full-Court Basketball

2:00-3:30 PM - Open

5:30-6:30 PM - Open

April 5 – Closed 12 Noon-6:30 PM

**May 3 – Closed 2:00 PM-6:30 PM for
Give Local York**

Saturday

8:00-10:00 AM – 1/2 Open

10 AM-12:30 PM – Tentative Programs
or Family Gym/Curtain Down

12:30-3:00 PM–Adult Full Ct. Basketball

3:00-5:00 PM – Open Gym

April 6- Closed All Day

Sunday

8:00 AM-10:00 AM - Adult Gym

10 AM-12:30 PM – Tentative Programs
or Family Gym/Curtain Down

12:30-3:00 PM–Adult Full Ct. Basketball

3:00-7:00 PM–Closed for Programs
starting March 24

April 7-Closed All Day for Jewish Festival

17.5 Laps in Gym = 1 Mile

Effective until 5/5/19