

OPEN GYM SCHEDULE

Schedule is subject to change. Please call ahead for the most current schedule.

**Members are welcome to use the gym if it is empty during non-listed hours.
If weather forces programs indoors, programs will have priority.
Birthday parties may be scheduled on Saturdays between 10 AM-12 PM.**

Monday

**5:30-7:15 AM - Open
2:00-3:00 PM - Open**

Tuesday

**5:30-7:15 AM - Open
2:00-3:00 PM - Open**

Wednesday

**5:30-7:15 AM - Open
2:00-3:00 PM - Open
5:00-7:00 PM - Open
7:00-9:00 PM - 1/2 Open /
1/2 Private Lessons
9:00-9:30 PM - Open**

Thursday

**5:30-7:15 AM - Open
2:00-3:00 PM - Open
8:15-9:00 PM - Open**

Friday

**6-7:30 AM - Adult Full-Court Basketball
2:00-3:00 PM - Open
5:30-6:30 PM - Open**

Saturday

**8:00-10:00 AM - 1/2 Open
10 AM-12:00 PM - 1/2 Open /
1/2 Private Lessons
12:00-3:00 PM - Adult Full Ct. Basketball
3:00-5:00 PM - Open**

Sunday

**8:00 AM-10:00 AM - Adult Gym
10 AM-12:00 PM - 1/2 Open /
1/2 Private Lessons
12:00-3:00 PM - Adult Full Ct. Basketball**

17.5 Laps in Gym = 1 Mile

Effective 1/3/2021 thru 1/31/2021